



Mindfulness Teacher Training

Application Form

Thank you for your interest in the **Mindfulness Teacher Training Course with Angus Ford-Robertson**. Please complete this application form to help us understand your mindfulness journey. This will ensure you gain the greatest benefit from our professional training.

At the end of the form are our T&C's, which set out the expectations, responsibilities, and agreements between you (the participant) and us (the provider), so that we can ensure a respectful, safe, and rewarding training experience for everyone.

How to submit your application form

- Simply fill in the form (digitally or by hand) and email your completed / signed form to info@angusfordrobertson.com
- You will receive a confirmation email from us when we have processed your application - usually within 5 working days.

Questions?

If you have any questions or need further information, please contact us at info@angusfordrobertson.com.

About You

Your Name:

Date of Birth:

Email Address:

Phone Number (incl. any international code):

Postal Address:

Your Learning So Far

Highest Educational Qualifications:

Where you studied:

Year of completion:

Any other courses, training, or certifications you'd like us to know about:

Your Work & Mindfulness Journey

Are you currently working - and if so, what do you do?

Tell us about any other work, activities or volunteering experience that feels relevant:

Have you attended any mindfulness retreats, workshops, or training before? If so, give a few details:

Why Professional Mindfulness Training?

What's inspiring you to become a mindfulness teacher?

What would you love to get out of this course?

Teaching & Sharing

Have you had any experience facilitating or leading groups? If so, please tell us about it:

Anything Else?

Anything else you'd like to share with us — about you, your hopes, your needs, or your learning style?

Terms and Conditions

Please now read through our Terms and Conditions. These set out the expectations, responsibilities, and agreements between you (the participant) and us (the provider), so that we can ensure a respectful, safe, and rewarding training experience for everyone.

1. Course Purpose

This training is designed to equip you with the skills, understanding, and ethical foundation to teach mindfulness professionally. It includes a mix of theoretical learning, practical exercises, supervised teaching, and personal mindfulness practice.

2. Eligibility

Participants should:

- Be at least 18 years of age.
- Have some prior interest or experience with mindfulness or meditation practice (personal or professional).
- Be able to commit to the full course schedule and requirements.

If you have any medical, mental health, or personal circumstances that may affect your participation, please let us know confidentially so we can offer appropriate support.

3. Commitment and Participation

Mindfulness is best learned through consistent practice and active engagement.

You agree to:

- Attend all scheduled sessions (online or in person).
- Complete the required home practice and assignments.
- Participate respectfully and maintain confidentiality in group discussions.
- Refrain from recording any sessions without written permission.

4. Fees and Payment

- The course fees are set out each year on our website. The fees include all tuition, teaching materials, and on-going support and assessment.
- There are 4 tiers of payment:
 - Launch Offer, Super Early Bird, Early Bird and Full Price
- The earlier you commit to the course, the less you pay.
- Payment can be made once a place on the course is offered.

5. Cancellations and Refunds

- **By you:**
 - 50% of fees are refundable up to 12-weeks **before** the start date of the course.
 - No refunds are possible **after** 12-weeks before the start date of the course. But you can request to have your place transferred to a future course, at our discretion.
- **By us:**
 - If we must cancel the course (e.g. due to unforeseen circumstances), you'll receive a full refund, or you may transfer to a future training.

6. Code of Conduct

We are committed to creating a respectful, safe, and inclusive learning environment. You agree to:

- Treat all participants and trainers with courtesy and respect.
- Honour confidentiality within the group.
- Avoid disruptive, harmful, or discriminatory behaviour.

We reserve the right to remove a participant from the course if their behaviour compromises the safety or learning of others, without refund.

7. Certification

To receive your certificate as a professional mindfulness teacher, you must:

- Complete all course modules and assignments.
- Demonstrate competency in teaching mindfulness practices.
- Meet the ethical and professional standards of the training.

Certification is at the discretion of the lead trainer and is not guaranteed by attendance alone.

8. Intellectual Property

All course materials are the property of Angus Media Ltd. and are provided for your personal study and teaching preparation. While the teachings, meditations and lesson plans can be used and adapted for your own classes, we ask that you do not copy, distribute, or adapt our teaching materials without written permission, except where explicitly granted.

9. Health Disclaimer

Mindfulness can be supportive but is **not** a substitute for medical or psychological care. If you are receiving treatment, please consult your healthcare provider before joining. Participation is at your own discretion and responsibility.

10. Privacy

We respect your privacy and will handle your personal information confidentially in line with our Privacy Policy. We will not share your details without your consent, except where required by law.

By signing below, you confirm that you have read, understood, and agreed to the Terms and Conditions in this application - and that you're happy for us to process your application.

Type or Sign your name: _____ Date: _____